

Dimondale News

July 2012

Volume 1, Issue 2

Dimondale Adolescent
Care Facility

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Introduction to Dimondale Newsletter



Welcome to the First Edition of Dimondale Adolescent Care Facility “*Dimondale News*”, A quarterly newsletter published to keep you informed of our new developments within the organization.

Who Are We?

Fleming & Barnes, Inc. is a California 501(c) Public Benefit Organization currently providing treatment to abused, neglected, and/or at-risk-youth at four facilities throughout Los Angeles County. We work closely with the Los Angeles Department of Children and Family Services, LA County Juvenile Probation, and Department of Mental Health. Our operations are governed predominately by Title 22 of the California Welfare and Institutions Code. Each of our facilities are licensed by the Community Care Licensing division of the California Department of Social Services.

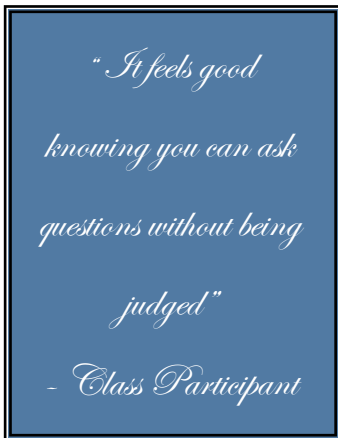
History & Mission

Dimondale Adolescent Care Facility was founded in 2002. Our founding members anticipated the need to provide services to community base organizations in the LA County Area. The goal was to provide continued service to at risk youth by providing lectures, mentoring programs, tutoring and educational workshops to other service providers. Now in 2012, the fundamental concepts the organization was built on are still in effect. Our aim is to reduce juvenile delinquent behavior, increase academic performance, transition youth into institutions of higher learning and develop their decision making skills.

Enrichment Program

In June 2012 Dimondale partnered with the LA County Department of Mental Health to create a new program to help promote Healthy Living and Life Skills Training for youth in the community. The classes are proving to be a success with the high interaction rates from participants and teachers. These programs are currently open to youth in the community free of charge.

For further information on our programs date, time and locations please contact Ardra Fleming via email at: Afleming@dacfs.com



Course Descriptions

- **Life Skills Training:** This strategy includes improving self-expression; learning how to control and direct one's behavior; and achieving personal and social skills i.e. resisting drugs, alcohol, and gangs; positive communication.
- **Parenting Classes:** Styles of parenting; How to use positive and non-violent discipline skills; Exercise the power of encourage; How to build cooperation; Teaching responsibility; How to stimulate independence.
- **Academic Counseling:** In addition to providing assistance with school assignments, the program's other objective is to change our youth's frequently negative association with school as result of past failures.
- **Health and Nutrition:** Cooking, dance, sports, exercise classes and other related activities.
- **Peer Group:** Peer support allows participants to come together for mutual support and to create a positive bond; examine bully behavior; empathy training; social skills, and journaling.
- **Self-Defense Class:** Classes that will teach youth how to trust their instincts and use protective factors in an event they are in a potentially harmful situation.
- **Mentoring Program:** The program aims to empower at-risk youth to become leaders by combining the benefits of one-on-one mentoring with targeted group activities for one year.
- **Anger Management and Trigger Identification:** This 10 session program will identify sources of rage i.e. abuse, loss, neglect, sexual exploitation and abandonment issues, and coping skills, solving conflict peacefully and positively.
- **Cross Cultural Dialog:** Sessions explore how race, culture, ethnicity and gender impact how we view others and ourselves; Experiences that shape identity; Self-perception and the perceptions of others; cultural identity development.
- **Anti Violence Program:** This 12 session programs focus will be controlling tendencies toward violence and directing one's energies along socially personally acceptable lines. It also examines personal grief and loss that expresses its self through rage.
- **Family Therapy:** Two 8– session classes utilizing the functional family intervention model emphasizing resilience. (2hrs)
- **Substance Abuse:** dealing with addiction and self– esteem, Roots and cause of substance abuse. (1hr)

Iris– Cirque du Soleil



In April, Dimondale took a trip to the Kodak Theatre to witness the Canadian Entertainment Program, Cirque du Soleil– Iris. The dramatic combination of circus arts and street mix music kept the girls entertained. The live music, acrobatics, projections and dance left the girls in awe.

Annual Pink Pump Affair

A Pink Pump Affair is an annual event put on to honor businesswomen, leaders, entertainers, and advocates who are working to make a difference in the communities. The event is hosted by the Special Needs Network, Inc. Dimondale youth attended the event for one of their spring quarter events. The event was held in the beautiful city of Beverly Hills.



Recognizing Champions for Humanity Event



In February, the National Association for the Advancement of Colored People (NAACP) held an event called Recognizing Champions for Humanity in the city of Torrance. We enjoyed a nice evening with an elegant dinner. The girls learned about the History of the NAACP and received knowledgeable information on key figures in Black History (Martin Luther King, Jr. & Rosa Parks), and were able to learn about the accomplishments of African-Americans throughout the years. The ladies enjoyed their evening and were inspired by the things that took place at the event.

Dimondale Adolescent Facility

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WE'RE ON THE WEB!

WWW.DACFS.ORG

August 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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5	6	7	8	9	10	11
12	13	14	15	16	17	18
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KIDS ARE OUR #1 PRIORITY .